



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish - **Sacred Heart Church and Maria Regina Church**



Thoughts of Blessed Francis Jordan

May you be ready to endure everything, to do everything for the honour of God and the salvation of souls!

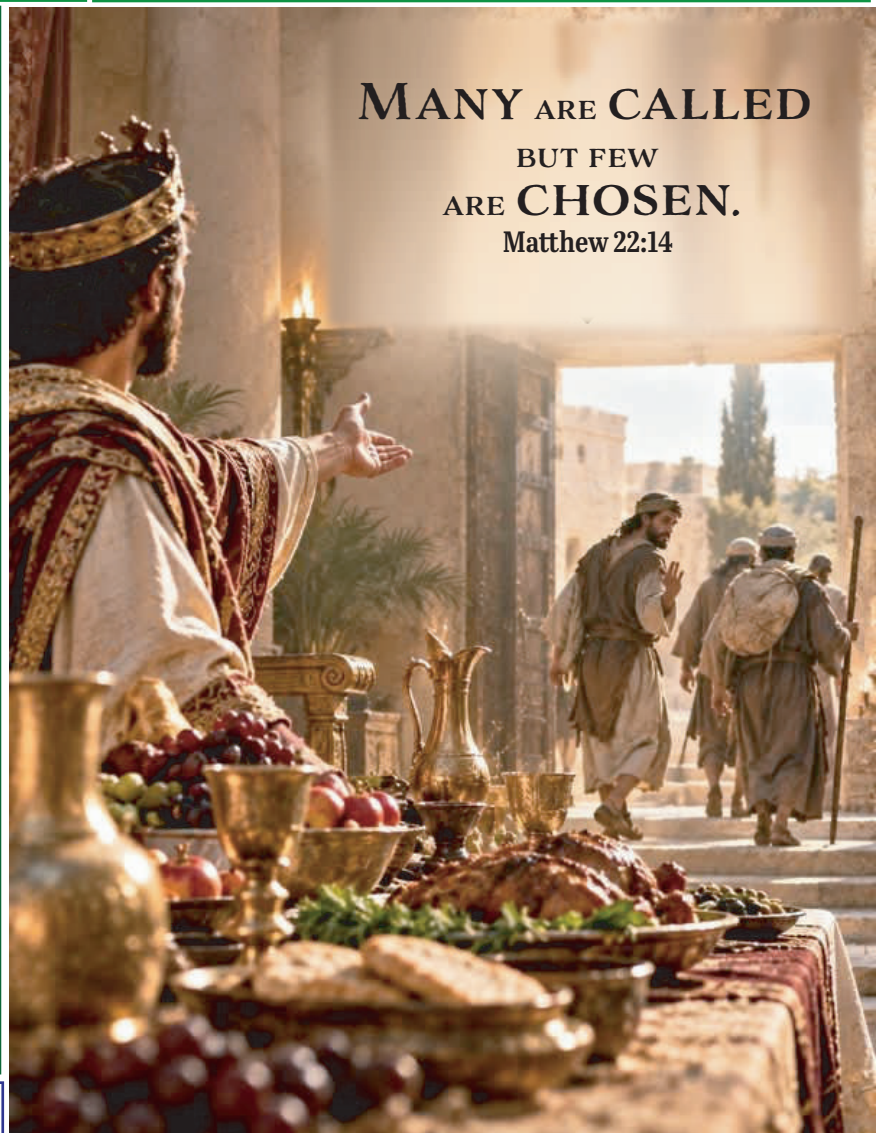
A Prayer of Invitation to God's Banquet

Heavenly Father,
You invite us to the feast of
Your Son, Jesus Christ and
call us to share in the joy of
Your kingdom.

Open our hearts to hear Your
invitation and give us the grace
to respond with faith,
humility and love.

Help us not to be distracted by
the cares of this world,
but to recognise the many ways
You call us closer to You.
May we gladly accept Your
invitation and share Your love
and goodness with others.

Through Christ, our Lord.
Amen.



MANY ARE CALLED

BUT FEW
ARE **CHOSEN.**

Matthew 22:14



Pittwater Catholic Church



Follow Us on



Catholic Parish
Pittwater



POPE LEO'S PRAYER INTENTION FOR *October*

For Mental Health Ministry

Let us pray that the mental health ministry be established throughout the Church, helping to overcome the stigma and discrimination of persons with mental illnesses.

MASS TIMES

SACRED HEART CHURCH
1 Keenan Street, Mona Vale

★ WEEKDAY MASSES ★

TUESDAY - 9.30 am
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8.30 am followed by Mass

WEDNESDAY - 9.30 am

THURSDAY - 7.00 pm
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 7.30 pm to 9.00 pm

FRIDAY - 9.30 AM
FIRST FRIDAY of the Month,
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9.30 am, followed by Healing Mass/ Anointing of the Sick at 10.30 am

★ WEEKEND MASSES ★

SATURDAY VIGIL - 5.00 pm
SUNDAY
8.00 am, 10.00 am & 6.00 pm (Soul Mass)

★ **RECONCILIATION** ★
SATURDAY VIGIL
4.00 pm to 4.30 pm

★ **BAPTISM** ★
4TH SUNDAY of the Month
at 11.30 am

MARIA REGINA CHURCH
7 Central Road, Avalon

★ **WEEKDAY MASSES** ★
MONDAY - 8.00 am

WEDNESDAY - 8.00 am

THURSDAY - 10.00 am
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction at 9.00 am

FRIDAY - 8.00 am
FIRST FRIDAY of the Month,
Healing Mass/ Anointing of the Sick at 8.00 am

★ **RECONCILIATION** ★
Before Vigil Mass on Saturday

★ **WEEKEND MASSES** ★
SATURDAY VIGIL - 6.00 pm
SUNDAY - 9.00 am

★ **BAPTISM** ★
3RD SUNDAY of the Month
at 11.00 am

WE PRAY for

RECENTLY DECEASED

JACK THOMASON

DECEASED ANNIVERSARY

AVELINO SAMARTIN
CARMELA IEMMA

Prayer for the SICK

Lord, look with mercy on your servants who are sick. Bring them comfort, healing and strength.

ANNA ŚMIGOWSKA

LILY JANOSIK

SUE FRENCH

MAUREEN LARIOS

ELAINE BOYES

RON CLARKE

BARBARA CLARKE

ANNA KATANEC

OTMA NOUAK

ANGELA MILLER

PHILIP KHALIFEH

JOSEPH KHALIFEH

GEORGE AZOURY

BRUCE FARR

JAMES

JACINTA PURNELL-MAJOR

NENITA ROQUE

MARIE CELINE- MACA

NEDA CRVELIN

JESSE CATHERSIDES

MARY REILLY

NOEL REILLY

THERESE KEANE

MARTA BIZUBOVA

LIAM GAVIN

RICHARD LIM

JAMIE CONNOLLY

AMADEA LUONG

ALFRED FIELD

FRANK KELLENDONK

NAZARENO CIRILLO

GARY O'BRIEN

BOOK REVIEW

**The Jewess Mary,
Mother of Jesus**
by: Henry Skrzynski



This book is about Jewish women's life in Palestine two thousand years ago. The author is trying to place in its historical and cultural perspective what might have been the life Mary led in Nazareth 40 years as a simple Jewish woman; what would have been her religious obligation, her family duties and her social position as a Jewish maiden, wife, mother and lastly as a widow.

Don't just invite
Jesus into your life,
build your whole
life on Him.

LITURGY FOR THE WEEK

12/10 Monday, Ordinary Time 28
Gal 4:22-24, 26-27, 31 - 5:1;
Lk 11:29-32

13/10 Tuesday, Ordinary Time 28
Gal 5:1-6; Lk 11:37-41

14/10 Wednesday, Ordinary Time 28
Gal 5:18-25; Lk 11:42-46

15/10 Thursday, St Teresa of Jesus
Eph 1:1-10; Lk 11:47-54

16/10 Friday, Ordinary Time 28
Ep 1:11-14; Lk 12:1-7

17/10 Saturday, St Ignatius of Antioch
Eph 1:15-23; Lk 12:8-12



THE CATHOLIC PARISH OF PITTWATER giving

Our parish flourishes through the thoughtful care of resources and the generous commitment of our supporters. With gratitude, we thank all who help sustain our parish life, care for our Church and support the ministries that serve our community.

To Make Donations

SCAN the QR CODE below with your mobile phone camera and follow the prompts

Donations can be made weekly, fortnightly, monthly or one-off.



Areas of Giving

First Collection

(Clergy Giving)

Second Collection

(Parish Giving)

Pastoral Works Broken Bay

All PWBB donations over \$2 are 100% tax deductible

Pastoral Works Broken Bay is the charitable outreach of our Catholic community, supporting the pastoral priorities of the Diocese. It plays a vital role in funding life changing ministries, strengthening families and nurturing parish communities across Broken Bay.

Has Your Credit Card Expired?

If you support the Parish through credit card giving, please let us know if your card details have changed or expired.

Direct Debit

You may also choose to support the Parish through direct debit. This can be set up easily and securely by contacting the Parish Office, who will arrange it for you.

Safeguarding

Catholic Parish of Pittwater

The Catholic Diocese of Broken Bay and the Catholic Parish of Pittwater are committed to fostering safe, caring communities for all, especially children and vulnerable people, guided by our faith in Jesus Christ.

Everyone is encouraged to provide feedback on the Diocese of Broken Bay webpage.



Diocese of Broken Bay Safeguarding
www.bbcatholic.org.au/safeguarding

Safeguarding is everyone's responsibility.



Reach out. Give life.

17 & 18 October

Next week, we will share the story of Yamikani*, a young boy in rural Malawi whose daily journey to school is filled with hardship.

You will also meet Fr Matthew Semba who is leading a project to build a new school close to home, so children like Yamikani can learn safely and begin to imagine a future beyond survival.

Through your prayers and support, you are part of this mission, helping to ensure that no child is left behind. To learn more about Catholic Mission, please go to

catholicmission.org.au/united



Free call: 1800 257 296
catholicmission.org.au/united

PARISH DIRECTORY

PITTWATER PARISH



**1 Keenan Street
Mona Vale NSW 2103**



9157 0999



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SACRED HEART CHURCH

1 Keenan Street, Mona Vale



MARIA REGINA CHURCH

7 Central Road, Avalon



SCHOOLS

SACRED HEART SCHOOL, Mona Vale

Tel 8197 6900

Principal: Ms Louise O'Brien

MARIA REGINA SCHOOL, Avalon

Tel 7256 2138

Principal: Ms Kirsty Thorpe

MATER MARIA CATHOLIC COLLEGE, Warriewood

Tel 7256 2100

Principal: Mr Anthony Mahoney

PITTWATER PARISH

ALL SAINTS DAY Celebration

Come and join us for a fun-filled parish celebration of **All Saints Day!** We'll begin with **Mass**, with a **colourful procession of children dressed as their favourite saints**. Whether it's St Francis, St Mary MacKillop, St Joseph, or any of the great saints of our Church, this is a chance for the children to bring these heroes of faith to life in a joyful way.

After the procession, the fun continues with a **BBQ, games, activities, and prizes for the best dressed saint costumes**. It's a day for the whole parish family to enjoy—food, fun, and faith all in one!

All Saints Day is about more than remembering the past—it's about celebrating that each one of us is called to be a saint today. So bring your family and friends, join in the celebration, and let's make this a parish feast to remember!



SUNDAY 1ST NOVEMBER 2026

6:00pm Mass

Sacred Heart Church, Mona Vale



BBQ



GAMES



ACTIVITIES



PRIZES
for the best
dressed saints!



Please write your name on the list provided
at the back of the church if you would like to attend.

"The Lord is my salvation; whom shall I fear?" - Psalm 27:1

Welcome to Pittwater Parish

Heavenly Father, we thank You for welcoming these new members into our Parish Family. Fill their hearts with Your Holy Spirit and guide our community to support them with love.

for the Sacrament of BAPTISM

HELENA SOPHIA BRADY
THEODORE FRANCIS BRADY
FREDERIK WALERIAN BRADY
NEL BODNAR
HENRYK BODNAR
MASSIMO AMOS McDONALD
LENNOX GEORGE DUESBURY
KOHEN JAY DUESBURY

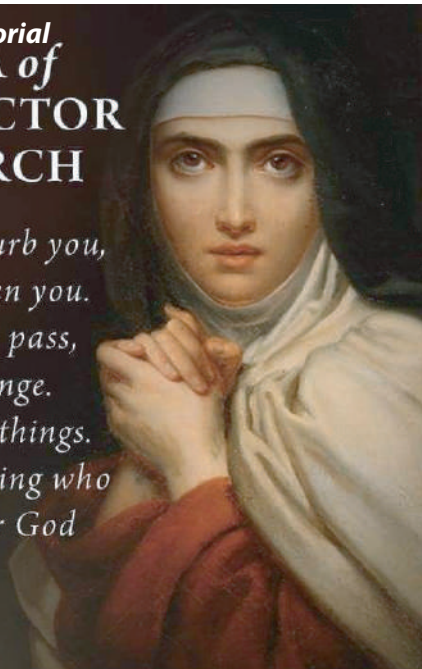
at SACRED HEART CHURCH, MONA VALE

ON

27TH SEPTEMBER 2026

15th October - Memorial ST. TERESA of JESUS, DOCTOR of the CHURCH

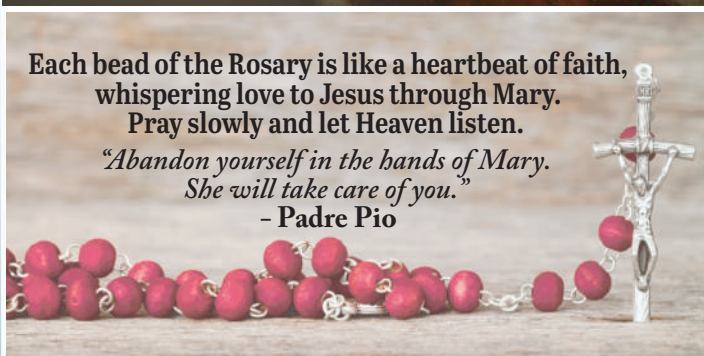
*"Let nothing disturb you,
let nothing frighten you.
Though all things pass,
God does not change.
Patience wins all things.
But he lacks nothing who
possesses God, for God
alone suffices."*



Each bead of the Rosary is like a heartbeat of faith,
whispering love to Jesus through Mary.
Pray slowly and let Heaven listen.

*"Abandon yourself in the hands of Mary.
She will take care of you."*

- Padre Pio



Jesus is THE DOCTOR & THE MEDICINE

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FR ROZO PALIC

Healing Mass / Talk / Adoration / Prayer / Blessing
PLEASE BRING WATER, SALT, OIL and SACRAMENTALS
to be BLESSED

*"The resurrection of Christ is the most beautiful
thing in our faith. Jesus truly rose and this is the
source of our meaning of life and also of our hope."*

Fr Rozo Palic

Monday, 2 November
at 6 pm,
Sacred Heart Church,
Mona Vale



SCAN
FOR
LOCATIONS
& DETAILS



IMPORTANT NOTICE

to all Parishioners

Please be aware of **scam emails** claiming to be from the Parish Office or Parish Priest and asking for **donations or financial assistance**.



These emails are **NOT GENUINE.**

PLEASE DO NOT:



Reply to these emails



Click on any links



Open attachments



Send money or provide any personal or financial information



If you are unsure whether an email is genuine, please contact the **Parish Office** directly using the usual parish contact details.

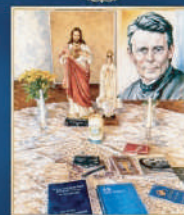


Thank you for your vigilance and for helping us protect our parish community from scams. ♥



PLEASE SHARE THIS NOTICE with fellow parishioners who may not have seen it. *Stay alert. Stay safe. Stay connected.* ♥

BLESSED FRANCIS JORDAN PRAYER GROUP

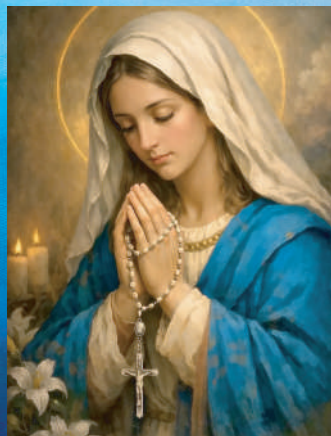


Come and spend time in prayer, reflection and devotion to our Blessed Mother and Blessed Francis as we gather together to deepen our faith and seek their loving intercession.

We warmly invite everyone to join us weekly.

**AFTER THE 9:30 AM MASS,
ON WEDNESDAYS**

October MONTH of the Holy ROSARY



We should all pray the Rosary every day for Peace in the world, for the well-being of our families and for the spiritual growth of our parish community. Through the intercession of our Blessed Mother, may our prayers bring healing, unity and grace to all.

Rosary by the BEACH

**Saturday,
31st October**

at

Governor Philip Park
Beach Road,
Palm Beach

FREE BBQ BREAKFAST from
7:30 am to 8:30 am followed by
PRAYING THE ROSARY

A Call to Prayer for Peace

All parishioners are warmly invited to join us for this special gathering. Let us come together in faith and unity as we lift our hearts in prayer.

We will begin with a time of fellowship and nourishment, followed by the recitation of the Holy Rosary as we intercede for peace in the world, in our communities and in our hearts.



Please RSVP by Wednesday, 21st October for catering purposes.



Contact the Parish Office on 9517 0999 or write your name on the Sign Up sheet at the back of the Church.



WE MEET
First & Third Tuesday
of every Month
at 7 pm



**SACRED HEART
PARISH CENTRE**

A National Catholic Ministry for Men, founded out of a response to a great need in the hearts & lives of men & great need in the life of the Catholic Church.

ALL MEN ARE WELCOME



JOIN US – MEN'S FAITH GATHERING

We warmly invite all men of our parish & community to come together at 7:00 pm for an informal & faith-filled evening of conversation, reflection & brotherhood.



For any questions, contact
Joe Cilia 0418 863 814



"Where Jesus is, there is
the Catholic Church."

ST. IGNATIUS OF ANTIOCH

17th October

Pray for us.

The *Living* Word

Entrance Antiphon Psalm 129:3-4
If you, O Lord, should mark iniquities,
Lord, who could stand? But with you is
found forgiveness, O God of Israel.

First Reading Isaiah 25:6-10
A reading from the prophet Isaiah
*The Lord will prepare a feast and will
wipe away the tears from every cheek.*

On this mountain, the Lord of hosts will
prepare for all people a banquet of rich
food, a banquet of fine wines, of food
rich and juicy, of fine strained wines. On
this mountain he will remove the
mourning veil covering all peoples, and
the shroud enwrapping all nations, he
will destroy Death for ever. The Lord
will wipe away the tears from every
cheek; he will take away his people's
shame everywhere on earth,
for the Lord has said so. That day, it will
be said: See, this is our God in whom we
hoped for salvation; the Lord is the one
in whom we hoped. We exult and we
rejoice that he has saved us; for the hand
of the Lord rests on this mountain.

The word of the Lord

Responsorial Psalm Ps 22. R. v.6
**(R.) I shall live in the house of the
Lord all the days of my life.**

The Lord is my shepherd; there is
nothing I shall want. Fresh and green are
the pastures where he gives me repose.
Near restful waters he leads me, to revive
my drooping spirit. **(R.)**

He guides me along the right path; he is
true to his name. If I should walk in the
valley of darkness no evil would I fear.
You are there with your crook and your
staff; with these you give me comfort.
(R.)

You have prepared a banquet for me
in the sight of my foes. My head you
have anointed with oil; my cup is
overflowing. **(R.)**

Surely goodness and kindness shall
follow me all the days of my life.
In the Lord's own house shall I dwell
for ever and ever. **(R.)**

Second Reading
Philippians 4:12-14. 19-20
**A reading from the letter of St Paul to
the Philippians**
*I am able to do all things in him who
strengthens me.*

I know how to be poor and I know how
to be rich too. I have been through my
initiation and now I am ready for
anything anywhere: full stomach or
empty stomach, poverty or plenty. There
is nothing I cannot master with the help
of the One who gives me strength. All
the same, it was good of you to share
with me in my hardships. In return my
God will fulfil all your needs, in Christ
Jesus, as lavishly as only God can. Glory
to God, our Father, for ever and ever.

Amen.

The word of the Lord.

Gospel Acclamation Ephesians 1:17-18

Alleluia, alleluia!
May the Father of our Lord Jesus Christ
enlighten the eyes of our heart that we
might see how great is the hope to which
we are called.
Alleluia!

Gospel Matthew 22:1-14
**A reading from the holy Gospel
according to Matthew**
*Whomsoever you find invite to the
wedding.*

Jesus said to the chief priests and elders
of the people: 'The kingdom of heaven
may be compared to a king who gave a
feast for his son's wedding. He sent his
servants to call those who had been
invited, but they would not come. Next
he sent some more servants. "Tell those
who have been invited" he said "that I
have my banquet all prepared, my oxen
and fattened cattle have been
slaughtered, everything is ready. Come to
the wedding." But they were not
interested: one went off to his farm,
another to his business, and the rest
seized his servants, maltreated them and
killed them. The king was furious. He
dispatched his troops, destroyed those
murderers and burnt their town. Then he
said to his servants, "The wedding is
ready; but as those who were invited
proved to be unworthy, go to the
crossroads in the town and invite
everyone you can find to the wedding." So
these servants went out onto the roads and
collected together everyone they could
find, bad and good alike; and the
wedding hall was filled with guests.
When the king came in to look at the
guests he noticed one man who was not
wearing a wedding garment, and said to
him, "How did you get in here, my
friend, without a wedding garment?"
And the man was silent. Then the king
said to the attendants, "Bind him hand
and foot and throw him out into the dark,
where there will be weeping and
grinding of teeth." For many are called,
but few are chosen.'

The Gospel of the Lord.

Communion Antiphon Psalm 33:11
The rich suffer want and go hungry, but
those who seek the Lord lack no
blessing.

REFLECTION
by Dianne Bergant

*As incredible as it may seem, some
people turn down the invitation to the
eschatological banquet. This is the case,
both in the parable and in our world*

*today. This invitation seems much less
interesting than a sports event, the latest
movie, or some social affair. So much of
our time and energy is spent either
climbing the economic ladder or just
trying to keep our heads above water.
Even if we are interested in the banquet,
we do not seem able to afford the time
and energy that it might require. And so
we send our regrets: I cannot come.
What a shame! We seem to have
forgotten that everything is tending
toward the end; all of our plans, interests
and distractions will cease. Only the
banquet will remain. All God asks of us
is that we receive the blessings that have
been prepared for us. We need not work
for them. In fact, we cannot work for
them on our own. All we can do is enjoy
them. Enjoyment of the eschatological
time of fulfilment is open to all, but
guaranteed to none.
One theme seems to connect all of the
readings for this Sunday, our total
dependence on God. God spreads the
banquet table and invites the guests; God
punishes those who are indifferent to or
antagonistic toward the eschatological
banquet; God supplies whatever we need
in whatever circumstances we find
ourselves. We do not have to bargain
with God, or make reservations. All we
have to do is accept what God has to
offer.*

© Dianne Bergant CSA



PARISH

Morning Tea

GATHERING

Everyone is welcome to join.



Every month after the
8 am Mass on the 1st Sunday
and after the 10 am Mass on
the 3rd Sunday at



**SACRED HEART CHURCH,
MONA VALE**

A time to -

- ♥ SHARE FRIENDSHIP
- ♥ BUILD COMMUNITY
- ♥ GROW IN FAITH

All are welcome!

Come along and bring a
friend. We'd love to see you!

Good coffee,
great company,
warm
community.

Last Sunday after the 9 am Mass at the front of
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9:30 - 11:30
(SCHOOL TERM)

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